



Seniors – Adult Day Care and Respite Programs  
**Navigation Services**



Need more information? Contact our Navigation Services Team at 303-432-5130 or [navigation@jcmh.org](mailto:navigation@jcmh.org)

If you notice any changes or inconsistencies with our resources, please inform Navigation to help us stay current.

**Day Programs**

**Alpine Adult Day Care**

303-755-8002

[alpineaduldaycare@gmail.com](mailto:alpineaduldaycare@gmail.com)

1985 S. Havana St, Aurora, CO 80014

<http://www.alpineaduldaycare.com/>

- Offers a variety of daily activities, therapeutic recreation, daily local trips, and birthday parties/celebrations.
- Free for Medicaid clients.
- Caregivers can receive a respite voucher that pays for services.

**Senior Resource Center**

303-238-8151

[Info@SRCaging.org](mailto:Info@SRCaging.org)

3227 Chase St, Wheat Ridge, CO 80212

[www.srcaging.org](http://www.srcaging.org)

- A wide variety of services for individuals 60 years of age or older.
- Services available include: Adult Day Center Programs that provide socialization opportunities, housekeep services including meal preparation, bathing or hygiene, shopping, cleaning, and yard work.
- Respite care may also be available and additional support for caregivers.

**Absolute Adult Day Care**

303-534-0321

12500 W 58<sup>th</sup> Ave., Unit 105, Arvada, CO 80002

- Program offers adults with developmental disabilities a comfortable group setting as a positive alternative to a nurse assisted home care service.
- Provides social and health services, fun and engaging day program activities gentle exercise, warm water therapy pool, meals, and field trips.

**Easter Seals – Explorers Adult Day Program**

303-233-1666

393 S. Harlan St. Suite 250, Lakewood, CO 80226

<https://www.easterseals.com/co/our-programs/live/adult-day-programs/explorers/>

- Provides day programs for individuals 18 years and older who have intellectual or physical disabilities.
- Focuses on group activities such as community exploration, learning experiences, outdoor recreation, and promoting a healthy lifestyle.

**Contents:**

[Day Programs](#) – p. 1

[Respite](#) – p. 2

[Veterans](#) – p. 3

[Other Resources](#) – p. 3

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## **Prima 2 Adult Day Care**

303-420-7201

5370 Carr Street, Arvada, CO 80002

<http://prima2adc.com/>

- Provides a variety of recreational and educational services and programs for adults with mental and aging disabilities.
- Offers complimentary trips, meals, exercise time, arts and crafts, community events, assistance with documents/letters/replying to phone calls, musical programs, walks in nature, and educational classes.

## **Aspen Adult Day Care**

720-377-9000

[aspenhealth@aol.com](mailto:aspenhealth@aol.com)

8810 E Hampden Ave Suite 100, Denver, CO 80231

[http://aspcomplete.com/adult\\_daycare.html](http://aspcomplete.com/adult_daycare.html)

- Services offered may include: counseling, education, hot meals, supervision, recreation, socialization, physical therapy, health and wellness monitoring, social outings in the community, transportation, medication management, daily exercise programs, and a safe environment with trained and caring staff.

## **Worldwide Adult Day Care**

303-815-6285

[worldwidecare@yahoo.com](mailto:worldwidecare@yahoo.com)

10890 E Darthmouth Ave. Unit I, Denver, CO 80014

<https://worldwideadultdaycare.com/>

- Day care for seniors and disabled adults
- Offers nutritious meals and snacks, personalized mental stimulation activities and games, and transportation.

## **Adult Day Program at Clermont Park**

720-974-7275

2479 S Clermont St. Denver, CO 80222

<https://www.clermontpark.org/living-options/adult-day-services/>

- Small and intimate program offering a variety of activities.

## **Prestige Senior Social Club Adult Day Care**

720-476-3898

2680 S Havana St. #C Aurora, CO 80014

- Offers social activities, door to door transportation, therapeutic activities, help with mail, documents, and forms, entertainment and celebrations, and beauty services.

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## Respite Care

### **Allison Care Center**

303-232-7177

[allisoncareha@vivage.com](mailto:allisoncareha@vivage.com)

[info@vivage.com](mailto:info@vivage.com)

1660 Allison St. Lakewood, CO 80214

<https://vivage.com/communities/allison/>

- Provides respite care options for families, including short term stay options, such as when caregivers are out of town. Call for details.
- Offers Dementia Care and Rehabilitation and Wellness

### **Arborview Senior Living**

303-403-3100

[arborviewnha@vivage.com](mailto:arborviewnha@vivage.com)

[info@vivage.com](mailto:info@vivage.com)

7991 W 71<sup>st</sup> Ave. Arvada, CO 80004

<https://vivage.com/communities/arbor-view/>

- Provides respite care options for families, including short term stay options, such as when caregivers are out of town. Call for details.
- Offers Rehabilitation and Wellness, Dementia Care, and Continuum of Care Community.

### **Gold Leaf Home Care**

720-763-9039

[info@goldleafcare.com](mailto:info@goldleafcare.com)

7500 E Arapahoe Rd. Suite 105, Centennial CO 80112

- Provides in-home medical and non-medical services for seniors, including companion care, mobile care, personal care, and homemaker services

### **Caring Senior Service**

720-204-3093

720 Kipling St. #15, Lakewood, CO 80215

<https://www.caring seniorservice.com/lakewood>

- Provides respite services for caregivers and in-home services.

## Veterans

### **Colorado Division of Veteran Affairs – Caregiver Support, Respite, and Healthcare Options**

720-723-3013

Caregiver Support Line – 1-855-260-3274

[www.caregiver.va.gov](http://www.caregiver.va.gov)

- Provides respite options (day programs and in home care) for caregivers who are caring for veterans who are eligible for VA healthcare.

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## **Other Resources:**

### **DRCOG Area Agency on Aging – Network of Care**

303-480-6700 or 1(866) 959-3017

<https://drcog.org/programs/area-agency-aging>

- Populations served: Older adults (60+), their families, caregivers, and adults 18+ living with a disability.
- Services provided: Extensive referral information and assistance, as well as options counseling regarding long-term services and supports in the community
- Additional notes:
  - Please be prepared to leave a message with your name and contact information, and an Options Counselor will call you back.
  - You may also search for resources online at:  
<http://denverregion.co.networkofcare.org/aging/services/index.aspx>

### **National Eldercare Locator**

1-800-677-1116

[eldercarelocator@n4a.org](mailto:eldercarelocator@n4a.org)

<https://eldercare.acl.gov>

- Populations served: Older adults and their caregivers
- Services provided: Information and referral
- Speak with an Information Specialist Monday – Friday, 8:00am – 9:00pm ET
- Additional notes:
  - Services may be available in Spanish, and Language interpretation service for 150 languages is also available during business hours.