



## Medicare: Mental Health Providers

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# Navigation Services



Need more information? Contact our Navigation Services Team at 303-432-5130 or [navigation@jcmh.org](mailto:navigation@jcmh.org)

Be sure to ask the provider if your Medicare plan is accepted and to find out about any co-payments that you may need to pay.

To find a more extensive list of providers you can call 1-800-MEDICARE (633-4227) or go to [www.medicare.gov](http://www.medicare.gov)

If you notice any changes or inconsistencies with our resources, please inform Navigation to help us stay current.

### **Jefferson Center – Older Adult Outpatient Services**

303-425-0300

[www.jcmh.org](http://www.jcmh.org)

- Provides services to older adults (60+) with coverage under Medicaid, private insurance, Medicare through private insurance, Medicare Part B, or both Medicare and any supplemental insurance.
  - Services include individual therapy, psychiatric services, and medication management.
- Call for availability, capacity for new clients is limited

### **Centers and Practice Groups**

#### **All Health Network**

303-730-8858

5500 S Sycamore St, Littleton, CO 80120

<https://www.allhealthnetwork.org/>

- Provides individual therapy, group therapy and psychiatry services.
- Call for new client availability

#### **Behavioral Health Solutions**

702-608-1976

501 South Cherry Street #820 Denver, CO 80246

<https://bhs.health/>

- Individual therapy, family therapy and psychiatry services.
- Insurance: Aetna, BCBS, Cigna, Humana Medicare, Medicaid, Tricare and more

#### **Center for Valued Living**

720-347-8559

Multiple locations throughout Colorado

<https://www.centerforvaluedliving.com/>

- Individual therapy, couples therapy, and family therapy for all ages
- Offers spanish speaking therapists
- Insurance: Aetna, Anthem BCBS, Bright Health, Kaiser, Medicaid, Medicare, Tricare, United Behavioral Health and more

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## **Green Couch Counseling**

720-779-0351

1100 W. 38<sup>th</sup> Ave, Denver, 80211

2311 S Platte River Drive, Denver, 80223

[www.greencouchcounseling.com](http://www.greencouchcounseling.com)

- Sees individuals ages 16 and older for individual therapy. Offer EMDR services and DBT groups for adults.
- Insurance: Aetna, United Healthcare, Friday Health Plans, Cigna, BCBS/Anthem, Medicare
- Offers financial assistance to individuals without insurance, and who meet federal poverty income guidelines

## **Jewish Family Services**

303.597.5000

3201 S. Tamarac Dr., Denver, CO 80231

<https://www.jewishfamilyservice.org/>

- Individual therapy for anxiety, depression, grief, family crisis, relationship/parenting issues, and trauma
- Insurance: Aetna, Anthem, BC/BS, Cigna, Optum, Rocky Mountain Health Plans, Medicare, Medicaid, Children's Health Insurance (CHP+) and sliding scale

## **LifeStance Health**

970-310-3406

Multiple locations throughout Colorado

<https://heartcenteredcounselors.com/>

- Individual therapy, couples therapy, and group therapy
- Medication management for all ages available
- Insurance: Aetna, BCBS, Cigna, Medicaid, Medicare, Tricare, United Behavioral Health and more

## **Mile High Psychiatry**

855-586-5525

<https://milehighpsychiatry.com/>

- Individual therapy and medication management for all ages
- Insurance: Aetna, Anthem BCBS, Cigna, Humana, Kaiser, Tricare, Triwest, United Behavioral Health and more

## **Mountain Valley Mental Health LLC**

720-727-2690

5400 Ward Road Building V, Suite 110, Arvada CO 80002

[www.mountainvalleymentalhealth.com](http://www.mountainvalleymentalhealth.com)

- Provides individual therapy and medication management services for all ages.
- Insurance: Aetna, Anthem BCBS, Cigna, Humana, Medicaid, Medicare, United Behavioral Health and more

## **New West Physicians**

303-763-4900

Multiple locations throughout Colorado

<https://www.nwphysicians.com>

- Individual therapy and medication management for all ages
- Insurance: Aetna, Anthem BCBS, Cigna, Cofinity, GEHA, Friday Health Plans, Humana, Medicare, United Behavioral Health and more

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**Porter Hospital: Centre for Behavioral Health**

303-778-1955

2525 S Downing Street, Denver CO 80210

<https://www.centura.org/location/porter-adventist-hospital/behavioral-health-services>

- Offers a spectrum of outpatient mental health services including individual and family counseling for adults, teens, and children. Telehealth options available.
- Psychiatry services available for all ages.
- Accepts most major private insurances including Medicare.

**Silver Linings Counseling**

720-471-6399

<https://www.silverliningscounselingservices.com/>

- Individual therapy
- Offers virtual services
- Insurances Accepted: Medicare, Medicaid, Friday Health Plans, Tricare, Humana, United Healthcare

**Sondermind**

844-888-9355

Multiple locations through the Metro area

<https://www.sondermind.com/>

- Offers individual therapy
- Insurance: Aetna, United Healthcare, Friday Health Plans, Cigna, BCBS/Anthem, Kaiser, Medicare, and more

**Westside Behavioral Care**

303-986-4197

Multiple locations throughout Colorado

<https://www.westsidebehavioralcare.com/>

- Individual therapy, couples therapy, and family therapy for all ages
- Insurance: Aetna, Anthem BCBS, Cigna, Cofinity, GEHA, Humana, Kaiser, Medicare, Tricare, United Behavioral Health and more

*Additional Referrals may be searched utilizing Psychology Today.*

[www.psychologytoday.com](http://www.psychologytoday.com)

- Individuals can search for therapists and medication providers and narrow searches by location, insurance type, services offered, and provider specialties.