



Inpatient Hospitalization - Adults Navigation Services



Need more information? Contact our Navigation Services Team at 303-432-5130 or navigation@jcmh.org

This list includes information for inpatient hospitalization programs, partial hospitalization programs (PHP) and intensive outpatient programs (IOP). If you notice any changes or inconsistencies with our resources, please inform Navigation to help us stay current.

Please keep in mind that most of these programs require admission directly from an emergency department. Admissions are usually coordinated through hospital emergency departments through an admissions triage process.

Need Help Now?

24/7 Emergency Assistance 1-844-493-8255

Jefferson Center for Mental Health
The Crisis & Recovery Center
4643 Wadsworth Blvd. Wheat Ridge, CO 80033

Cedar Springs Hospital

719-633-4114

2135 Southgate Road, Colorado Springs, CO 80906

<https://cedarspringsbhs.com/treatment-services/adult-programs/inpatient-acute-care/>

- Inpatient Acute Care
 - This program is for 18-year-olds and older with psychiatric or substance abuse issues so severe they require intensive 24-hour care. This is a short-term option for individuals experiencing mental health crises or severe addiction problems.
 - Criteria for Admission: Patients appropriate for admission to our inpatient acute program exhibit significant impairment in functioning at home, work, school or in the community. This may include danger to self or others, serious impairment in judgment, poor reality testing, substance abuse
- Inpatient Rehabilitation
 - The New Choices treatment program aims to improve quality of life for individuals struggling with substance abuse that may co-occur with a psychiatric disorder such as bipolar disorder, depression, anxiety, or post-traumatic stress.
 - Patients participate in a structured 7-day-a-week schedule which includes physical exercise, Master's led therapy groups and individual therapy, equine-assisted therapy, AA/NA/CA/SMART and psycho-education groups. We also incorporate community outings each weekend such as hiking, bowling, fishing, and trips to the zoo. Visitation is offered daily. In-network with most insurance.
- Partial Hospitalization (PHP)
 - The Bridge program is a highly structured, intensive program for people who need more than outpatient services, but do not require the intensity of acute inpatient care or rehab.
- Intensive Outpatient Program (IOP)
 - The program meets five days a week, four hours per day. Patients come to the hospital to reinforce what they have learned and apply it to living in the real world. At this stage of the program, we work with patients to avoid relapsing into addiction and define coping skills to maintain safety.

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Centennial Peaks

303-673-9990

2255 S. 88th Street

Louisville, CO 80027

<https://centennialpeaks.com/>

- Acute Inpatient Program
 - Patients who are experiencing critical symptoms such as suicidal ideation, homicidal ideation, or psychotic features are provided with psychiatric stabilization and continuous nursing care.
- Partial Hospitalization (PHP)
 - The adult partial hospitalization program is designed to support adults following an acute behavioral health hospitalization or to avoid an acute hospitalization. The PHP provides 5 hours of therapeutic treatment, 5 days per week.
- Intensive Outpatient Programs (IOP)
 - We offer four programs for adults who have mental health or substance abuse issues but do not require inpatient care, or who may not meet the criteria for hospitalization. These programs are Mental Health Intensive Outpatient Program and Chemical Dependency Intensive Outpatient Program.

Colorado Mental Health Institute at Fort Logan

303-866-7066

3520 W. Oxford Ave.

Denver, CO 80236

<https://www.colorado.gov/pacific/cdhs/colorado-mental-health-institute-fort-logan>

The Colorado Mental Health Institute at Fort Logan (CMHIFL) is a 94-bed hospital that provides inpatient behavioral health treatment services to adult patients aged 18-59.

- Medical services, occupational therapy, neuropsychological-rehabilitation services, and trauma-informed care services are available for all clients throughout the hospital.
- For additional information on how to refer someone to the Colorado Mental Health Hospital in Fort Logan, please call the Admissions Department at 303-866-7031

Denver Health – Adult Inpatient Mental Health Services

303-602-6890

777 Bannock Street, Denver, CO 80204

<https://www.denverhealth.org/services/behavioral-health/mental-health-services/adult-inpatient-mental-health-services>

The inpatient unit at Denver Health has 45 beds and serves adult patients experiencing behavioral problems or those having difficulty meeting basic living needs due to a combination of mental, physical or substance abuse problems.

- Adult Inpatient Mental Health
 - Upon admission to the unit, our team will conduct an evaluation to learn about the patient's health history, current symptoms and strengths. Each patient is encouraged to participate in his/her treatment plan and design strategies to improve the situation. Hospitalization is usually short-term, and we encourage patients to continue with follow-up care in the community to ensure overall good health.

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Denver Springs

720-643-4300

8835 American Way

Englewood, CO 80112

<https://denversprings.com/>

Assessments may be scheduled by calling, walking in, or through our website.

- Inpatient Mental Health Treatment
 - Before beginning treatment at our facility, you'll be given a no-obligation, comprehensive psychiatric and physical evaluation from our team of health professionals. Among other things, we'll assess your safety and stability.
- Partial Hospitalization Program (PHP)
 - PHP is an important next step for those who have completed inpatient treatment for mental health stabilization or substance use detoxification and no longer require 24-hour medical or safety monitoring. Medication management, evidence-based therapy, and holistic therapies are important elements of the program as part of your journey to better health.
- Intensive Outpatient Program (IOP)
 - Our Intensive Outpatient Programs (IOP) treat mental health and addiction concerns when symptoms require greater therapeutic support than can be achieved in the individual outpatient counseling setting. IOP is also recommended as the next step on your healing path when you have completed more extensive stabilization or detoxification treatment, such as inpatient care, a Partial Hospitalization Program (PHP), or a Residential Treatment Program (RTP).

Highlands Behavioral Health

720-348-2800

8565 South Poplar Way

Littleton, CO 80130

<https://highlandsbhs.com/programs-and-services/adult-programs/>

Offers treatment programs to treat depression, anxiety, bipolar symptoms, hallucinations and delusions, suicidal and homicidal ideation, and co-occurring substance abuse issues

- Acute Stabilization (Inpatient Hospitalization)
 - Provides crisis stabilization and helps patients and families develop healthy coping skills needed to navigate life challenges. Through the discharge planning process from all levels of care, the treatment team helps patients find external care providers for continued recovery after discharge.
- Partial Hospitalization Program (PHP)
 - This program is for adults and serves individuals dealing with mental and emotional disorders. It may be an alternative option when conventional outpatient therapy is not sufficient or for those transitioning out of inpatient care. Ascent allows patients to receive structured treatment during the day through several hours of therapy and skill building groups. Treatment includes cognitive-behavioral therapy and development of coping strategies in a supportive recovery environment.
- Intensive Outpatient Program (IOP)
 - Elevate is Highlands Behavioral Health System's intensive outpatient program (IOP) for adults who struggle with their mental and emotional health. The program is designed for individuals that need more support than conventional outpatient therapy but are higher functioning and able to maintain their daily activities.

Need more information? Contact our Navigation Services Team at 303-432-5130 or navigation@jcmh.org

The Medical Center of Aurora

844-556-2012

700 Potomac Street

Aurora, CO 80011

<https://www.healthonecares.com/locations/healthone-mental-health-and-wellness-center/specialties/mental-health-and-wellness/adult-mental-health-and-wellness>

- Designed for individuals who are 18 to 64 years old, our adult mental health programs provide caring approaches to healing. We can help you overcome crisis or trauma, manage depression and heal from addiction issues.
- Our adult IOP program offers the full benefit of daytime care while getting the flexibility to be with your loved ones in the evening.
- Our women's IOP focuses on the specific biological, social and environmental influences that impact women, and provides support and coping skills to manage their unique stresses and stress-related illnesses.

Peak View Behavioral Health

719-694-0220

7353 Sisters Grove

Colorado Springs, CO 80923

<https://peakviewbh.com/>

- Peak View's acute inpatient psychiatric services are designed to provide intensive, short-term care for individuals who are experiencing severe symptoms of mental illness or emotional distress. The goal is to stabilize patients who are in crisis and require immediate intervention.
- During acute inpatient psychiatric services, patients receive 24-hour care from a team of mental health professionals, including psychiatrists, physicians, nurse practitioners, therapists, nurses, mental health technicians and others.
- Treatment typically includes a combination of medication management, group therapy, and other supportive services.

Porter Adventist Hospital

303-715-2300

2465 S Downing St

Denver, Colorado 80210

<https://www.adventhealth.com/hospital/adventhealth-porter/our-services/behavioral-medicine>

- Psychiatric Inpatient Unit
 - The acute care unit at Porter Adventist Hospital provides psychiatric hospitalization for adult patients with severe mental health conditions such as: schizophrenia, major depression, and anxiety disorders.
 - Hospitalization includes an active treatment program utilizing behavioral therapy groups, occupational and recreational therapy groups, nursing groups, and one-on-one counseling. Each patient has a social worker who coordinates care, and a psychiatrist who regularly consults on medication and all aspects of their care. The average length of stay for most patients is five to six days, although, this may vary depending upon medical needs.
- Mental Health Intensive Outpatient Program (IOP)
 - A partial day treatment program that consists of specialized group therapy sessions led by clinical therapists. This is a skills-based program, emphasizing the use of Dialectical Behavior Therapy (DBT) and Cognitive Behavior Therapy (CBT).

Need more information? Contact our Navigation Services Team at 303-432-5130 or navigation@jcmh.org

West Pines

888-697-2703

11455 Huron Street

Westminster, CO 80234

<https://www.westpinesbehavioral.com/>

- Inpatient Care Program
 - Designed as a short-term care solution for individuals requiring immediate attention. The typical length of stay in our inpatient program varies from three to 20 days, but each patient's length of stay is based on their needs and progress.
- Partial Hospitalization Program (PHP)
 - Provides a structured and intensive treatment option for individuals who are facing mental health challenges while allowing them to maintain a level of independence. Tailored for those who need more support than traditional outpatient care provides but do not require round-the-clock supervision, this program offers a holistic approach to healing. The typical length of our PHP is two weeks, with programming five days a week for five hours a day.
- Intensive Outpatient Program (IOP)
 - Ideal for adults who are seeking a flexible yet structured approach to achieve their wellness goals. Patients receive personalized services aimed at enhancing resilience and improving daily functioning, equipping them with the necessary support and resources to thrive in their everyday lives.