



Medicare Part D General Info. Navigation Services



Need more information? Contact our Navigation Services Team at 303-432-5130 or navigation@jcmh.org

If you notice any changes or inconsistencies with our resources, please inform Navigation to help us stay current.

Medicare Open Enrollment for Part D plans is open between October 15 - December 7 each year:

- During this time frame, individuals can enroll in a prescription plan or change drug plans
- Changes take effect beginning on January 1st of the following year
- **If you are receiving a Medicare Savings Plan (MSP), you may be allowed to change your plan outside of the enrollment period**

Important note: If you have made the decision to change prescription plans, DO NOT call and disenroll from your current plan. This is automatic when you enroll in a new plan.

How do I Enroll or Change Plans?

- **Ask Navigation for a OneSheet** explaining steps to change a Part D plan yourself
- **Call 1-800-633-4227 (1-800-MEDICARE)** to speak with a Medicare Rx drug coverage representative
 - Make sure you have your Medicare card, list of prescription drugs (including strength and amount) and the pharmacies you use
 - Services available in Spanish
- **Visit the Medicare website** at www.Medicare.gov
- **Colorado State Health Insurance Assistance Program (SHIP)** counselors assist individuals with selecting plans and applying for the Low-Income Subsidy (LIS/Extra Help)
 - Main Phone: 1-888-696-7213 Spanish Phone Line: 303-441-1546
 - Web: <https://doi.colorado.gov/insurance-products/health-insurance/senior-health-care-medicare>
 - Request a Benefits Checkup to find federal, state and private benefit programs you may be eligible for
- **Benefits in Action** is a nonprofit organization based in Colorado that offers FREE application assistance for programs such as:
 - Medicare, Medicaid, Marketplace insurance plans, SNAP, LEAP, food delivery services, mental wellness services, OmniSalud, Colorado Dental Health Care Program for Low-Income Seniors, etc.
 - **Office Hours:** Mon–Fri 9:00am-5:00pm (By Appointment Only; evenings & weekends upon request)
 - **Phone:** 720-221-8354 **Web:** <https://www.benefitsinaction.org> **Email:** info@benefitsinaction.org
- **CMS National Training Program**
 - Self-paced online training, webinars, train-the-trainer workshops
 - Materials, PowerPoint presentations, job aides for understanding Medicare
 - Sign up to receive notices of upcoming training events: <https://cmsnationaltrainingprogram.cms.gov/>

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- **Medicare Rights Center**

- A trusted source. Non-profit advocacy organization.
- Learning center with online courses. Most courses require a fee.
- Web: <https://www.medicareinteractive.org/learning-center/courses>

- **Medicare & You Handbook**

- Basic handbook provided to each Medicare beneficiary/household. Clients receive updated printed handbooks every year by mail in late September.
- Contains information regarding Medicare benefits, costs, rights, and protections; health and drug plans, and answers to common questions.
- Available online in PDF and other languages and formats, including large print and braille.
- Web: <https://www.medicare.gov/medicare-and-you>
- Download the Handbook here: <https://www.medicare.gov/publications/10050-medicare-and-you.pdf>

You may find additional information at:

www.maprx.info

www.medicare.gov

www.ssa.gov