

# **About** Jefferson Center

Jefferson Center is more than just a nonprofit mental health care provider; we're a vital source of hope and support for individuals and families navigating mental health challenges. Our commitment to serving our community is at the core of everything we do.

We collaborate with community organizations every day to deliver compassionate care, provide education on mental health realities, and tailor our services to meet the unique needs of the people we serve.

By fostering partnerships, prioritizing prevention, and delivering effective treatment, we contribute to building a healthier, stronger community where everyone can thrive.



#### PROGRAMS & SERVICES

24-hour emergency and crisis

Individual, group, and family outpatient counseling

Housing and homeless services

Senior services, outreach, and peer counseling

Psychiatric and medication services

Early childhood services

Peer services

Vocational and skills training

Transitional and supported employment

School-based services

Case management

Advocacy and benefits

Residential programs

Substance use treatment

Suicide prevention

Wellness services

Mental Health First Aid

Withdrawal management

Day treatment

Integrated care services medical & specialty

Co-responder services

# A personal message from Jefferson Center CEO.

## Dr. Kiara S. Kuenzler

# OUR VISION A community where mental health matters and care is accessible to all



OUR MISSION

To inspire hope, improve lives, and strengthen our community by providing mental health and related solutions for individuals and families

#### **WE VALUE**

People first

Empathy with excellence

Working together to
make life better

Leading the way

Strengthening community

Dignity for all

Dear Community,

As I reflect on the past five years of serving as Jefferson Center's CEO, I'm filled with profound gratitude and pride. This year is particularly special, not just as a professional milestone for me, but also as Jefferson Center commemorates 65 years of unwavering dedication to our community. Together, we've achieved remarkable milestones and experienced transformative growth.

As we celebrate our successes and look ahead, our focus remains on our vision of creating a community where mental health matters and care is accessible to all. Five years ago, when I joined Jefferson Center, I was driven by a deep sense of purpose and belief in the transformative power of community mental health. Along the way, I've been continually inspired by the resilience of those we serve, the dedication of our team, and the strength of our community partnerships.

In November 2023, we proudly announced our intention to merge with WellPower, a respected community mental health center serving Denver County. Through the merger, set for July 1, 2024, we aim to expand our reach and enhance our services, offering greater resources and expertise across more than 50 locations. With a combined team of more than 2,000 professionals, we're poised to improve access to care for the people we serve across our Clear Creek, Denver, Gilpin, and Jefferson County communities.

As we navigate the ever-evolving landscape of behavioral health, our commitment remains steadfast. We envision a future where seeking help is met with understanding, where quality care is readily available, and where every person's basic needs are met. Jefferson Center is dedicated to evolving to meet these goals, nurturing a strong workforce, building meaningful partnerships, and ensuring stability for generations to come.

The past five years have been an incredible journey of growth and progress, and it's been an honor to share it with you. I look forward to celebrating the exciting new chapter ahead as we merge into our new organization. Thank you for your unwavering dedication, support, and recognition of the integral role behavioral health plays in our lives. Together, we'll continue to make a meaningful difference in our community.

Sincerely,

Kiara S. Kuenzler, Psy.D., Licensed Psychologist President and CEO

# Safe Housing is the Key to Recovery



The lack of safe and affordable housing stands as one of the most challenging barriers in Colorado. For people who are struggling with mental health and substance use disorders, these barriers are amplified.

For more than three decades, Jefferson Center has focused on empowering people on their path to recovery with access to stable housing, transitional housing, and essential community services. Rooted in the Housing First philosophy, we recognize that addressing mental health care, physical health issues, employment needs, and other challenges is only possible after securing basic necessities like shelter and food.

Supportive housing serves as a proven solution, not only ending homelessness but also enhancing public health outcomes and reducing the cost of publicly funded crisis services —such as shelters, hospitals, psychiatric centers, and correctional facilities—all while fostering community well-being.

Each year, Jefferson Center sees the expansion of our continuum of housing options; each new offering serving to bridge vital gaps in housing recovery.

## **Hotel Master Lease**

Leaving inpatient care is a major step, involving not only managing clinical recovery but also reconnecting with friends, family, and getting back to daily routines like school or work. Having a safe place to start this journey is crucial for its success.

In 2023, Jefferson Center secured \$765,565 in funding from the State of Colorado's Behavioral Health Transition Support Grant for a Hotel Master Lease program. The grant funds 10 rooms each month to help with short-term needs of those who are leaving inpatient care and beginning reintegration into a community. The program includes a Navigator providing personalized support, guiding residents through the process of securing permanent stable housing, accessing essential resources and benefits, and establishing consistent mental health care support.

## **Jefferson Center's Housing Continuum**

- 415 households supported through vouchers, embedded care management, and onsite support
- 1 Residential Treatment program with eight beds.
   A co-ed transitional housing program with 24-hour staff supervision. The average length of stay is three to six months and focuses on helping people stabilize and develop skills to live independently.
- 2 Alternative Care Programs offering long-term housing, staffed 24 hours per day.
- 1 Women's Recovery House offering a stable, supportive, and drug/alcohol-free environment for women in early recovery from substance use disorders.

- 6 Apartment Buildings Offering 89 Units for Independent Living available to both people receiving care through Jefferson Center and community members via open application.
- 10 Permanent Supportive Housing units funded by the Division of Housing. Residents are people facing persistent homelessness with high behavioral health needs and are provided mental health services and support onsite.



#### **Solid Ground**

Scheduled to open its doors in May 2024, this 40-unit permanent supportive housing facility integrates affordable permanent housing with comprehensive support services and community-based care.

## 71%

of people experiencing homelessness have a mental health disorder.

## **59%**

are struggling with long-term substance use disorder.

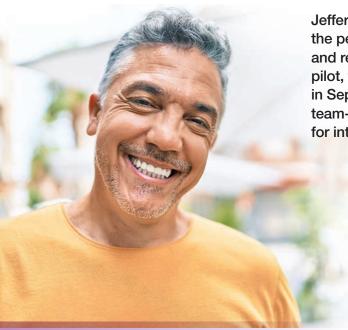
## #1

Affordable housing is the primary reason for homelessness in Colorado.

## **Supportive Housing Results**

- 57% reduction in emergency room visits.
- 85% reduction in emergency detox services.
- 50% increase in earned income of residents.
- **Increase in** the number of people who receive clinical behavioral healthcare.
- **90**% of Permanent Supportive Housing residents stay housed past one year.

## A New Kind of Care



Jefferson Center continually seeks new ways to support the people we serve, developing innovative approaches and redefining traditional processes. Building on a successful pilot, the Center officially launched Collaborative Care Clinics in September 2022. The Clinics provide a comprehensive, team-based approach to care, offering a one-stop shop for integrated mental health and substance use care.

- ADULT SERVICES CLINIC serving individuals 18 and older
- MOUNTAIN SERVICES CLINIC serving Jefferson, Gilpin, and Clear Creek counties
- RECOVERY SERVICES CLINIC focusing on substance use treatment

Within each clinic, a diverse team of experts collaborate with individuals to create personalized treatment plans that meet their needs. This approach embodies a commitment to person-centered care, helping the people we serve thrive.

Care is individualized offering increased support when necessary and scaling back when it's not. Unlike traditional appointments clinic participants have the flexibility to access care—virtually or in-person—on days and times that fit their schedules. This flexibility provides convenience and connection with care team members each visit, expediting progress through different phases of care and ultimately leading to greater satisfaction.



CARE WITH YOU AT THE CENTER

"I love this program. I like that it has flexibility... [The clinic is] not confining, and [I] appreciate the resources on hand...[I'm] recommending [the clinic] to other family members and think it should be used by more people."

Team collaboration is essential to the success of both the people we serve and the support team members receive within the clinic. This can include:

- Care Coordinators enhancing communication among team members, addressing employment, housing, healthcare, and other needs of participants.
- Nurses working with people that do not need prescriber support.
- Peer Specialists using their lived experiences to provide a more comprehensive and holistic approach to care.
- In the Collaborative Care Clinics, every interaction is therapeutic, fostering an environment of support and healing.

Care Teams also benefit through problem-solving with the collective expertise and shared caseloads. This leads to empowerment and readiness to address the needs of the people we serve. Teams have reported higher job satisfaction because of the collaboration and positive outcomes.



The Collaborative Care Clinics have been a success, ensuring everyone has access to care, support, and services when they need it.



816 People served Decreased wait times

**5,222**Services provided
43% in-person | 57% virtual

91%
report a good experience
with the clinic

# Certified Community Behavioral Health Clinic



In 2022, Jefferson Center reached a significant milestone by securing a \$4 million Certified Community Behavioral Health Clinic (CCBHC) four-year planning grant from SAMHSA.

This grant represents far more than just financial support; it empowers the center to expand crucial services, reach underserved communities, improve intake and screening programs, and integrate new technologies that were previously beyond the scope of existing funding. Often, these innovations are limited by financial constraints, making them unattainable within tight budgets and reimbursement structures. The CCBHC model offers the resources and the flexibility for clinics to transform the experience of accessing care for the people and communities we serve.

Across the country, CCBHC's serve everyone who walks through their doors ensuring that everyone receives the same high-quality, comprehensive care regardless of ability to pay. Sites collect uniform data that is focused on outcomes and allows for comparisons across facilities and states. All are required to provide a federally defined array of services, either directly or through collaborations with designated partnering organizations.

Additionally, Jefferson Center has committed to growing our impact in the following ways:

- Enhancing access to behavioral health services for active-duty service members, veterans, and their families.
- Expanding availability of culturally responsive care and enhancing engagement for individuals within the LGBTQIA+ community.
- Increasing access to culturally sensitive care and broadening services to reach more individuals within the Latinx community.

In the first year, this new targeted outreach prioritized strengthening our community partnerships by expanding existing relationships and forging new ones. Through community engagement efforts, we connected with different communities, fostering trust and elevating awareness of our services and mission.

## **5,230** people

reached through expanded outreach to LGBTQIA+, Latinx and Veteran communities.

## 87%

of Jefferson Center's clinical staff were trained in gender inclusivity and proper pronoun usage.

## 52 new intakes

through a new Bilingual Intake Clinician in first five months.

# Jefferson Center and WellPower are Merging!



This annual report was originally published in March 2024. As of June 2024, the merger between Jefferson Center and WellPower is no longer moving forward.



We are excited to announce the merger of Jefferson Center and WellPower, two community mental health centers that are locally and nationally recognized for their excellence. Set for July 1, 2024, this merger marks the creation of a unified nonprofit community mental health center dedicated to serving the Clear Creek, Denver, Gilpin, and Jefferson County communities. By combining the strengths of our two organizations, we aim to revolutionize behavioral health services in Colorado.

Both Jefferson Center and WellPower bring extensive expertise and leadership in behavioral health to the table, making us unparalleled in our field. Our merger positions us as the largest and most innovative behavioral health provider in Colorado, equipped with an extensive range of services to address the diverse needs of our communities.

## Why Are We Merging?

The demand for behavioral health services has never been higher, with one in four Coloradans facing mental health or substance use challenges. Together, we are better prepared to address this growing demand by offering a comprehensive array of services, expertise, locations, and programs tailored to meet the unique needs of the people we serve.

Our focus is people first, with the clear goal to maximize our impact on the communities and people we serve and maintain our reputation as an employer of choice for our dedicated teams.

## **Leadership Transition**

Our leadership transition plan underscores our commitment to a smooth integration process. Dr. Carl Clark, CEO of WellPower, will serve as CEO initially, with Dr. Kiara Kuenzler, CEO of Jefferson Center, assuming the role of President. Upon Dr. Clark's retirement in early 2025, Dr. Kuenzler will take on the combined role of President and CEO. This shared leadership approach will facilitate the integration of our organizations, seamlessly bringing together our teams, community partnerships, and stakeholders.

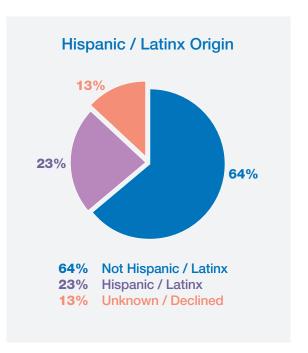
We are committed to preserving and enhancing the partnerships we have cultivated over the past 65 years. As we move forward, our focus will be on ensuring continuity of care and maintaining the trust of our communities.

We are excited about the possibilities this merger brings and look forward to serving our communities with even greater impact and effectiveness.

For updates and information, visit: jcmh.org/mergerinfo

## FY 2023 Fiscal Responsibilities & Demographics



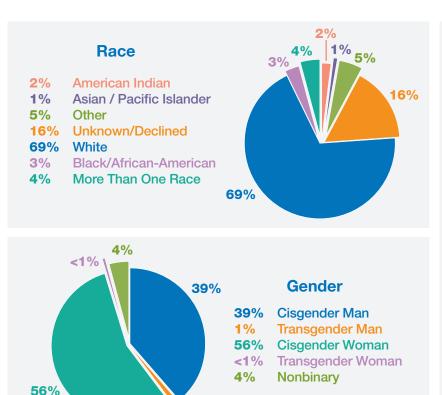


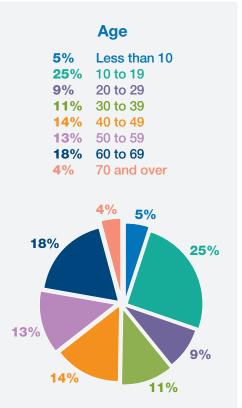
## **Audited Revenues & Expenses**

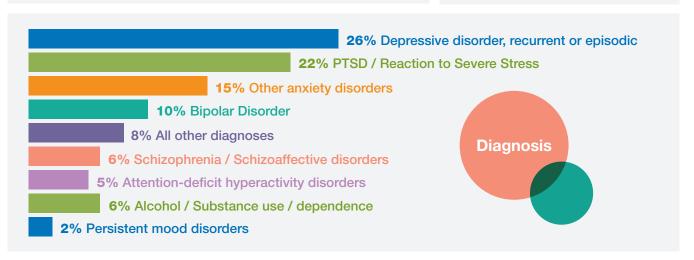
2023 Revenue	
Medicaid	\$52,822,705
Private Insurance & Self Pay	\$2,834,960
Medicare	\$326,281
State of Colorado	\$7,774,041
County / Municipals	\$1,023,517
Pharmacy Revenue	\$11,277,148
Contracts & Grants	\$8,792,860
Rent Revenue	\$1,418,629
Philanthropy	\$200,000
Other Income	\$3,289,801
Total Revenue	\$89,759,942

2023 Expenses	
Personnel	\$53,894,126
Pharmacy	\$10,402,352
Operating	\$5,676,662
Client Related	\$710,194
Occupancy	\$4,213,250
Other Expenses	\$1,368,886
Professional Fees	\$3,056,870
Total Expenses	\$79,322,340
Operating Income	\$10,437,602
Net gain (loss) on investment in equity investees	\$(2,133,566)
Investment Gain	\$1,211,695
Net Gain (loss)	\$9,515,731

#### FINANCIALS & DEMOGRAPHICS







#### COMMUNITY ENGAGEMENT



Our Spring Gala was an enchanting evening commemorating 65 years of serving our community. Our Sapphire Anniversary Gala brought together over 300 donors, community partners, staff, and people we serve in championing mental health awareness and celebrating the journey of recovery from mental health and substance use challenges. The event raised a remarkable \$62,000, dedicated to supporting our New Vistas Crisis Stabilization Unit for children and adolescents. We extend our heartfelt gratitude to everyone who contributed to the success of this event.









## **Legislative BBQ**



Jefferson Center, in partnership with DDRC, Seniors' Resource Center, and Family Tree, proudly hosted our 22nd annual Legislative Barbecue on September 7. Following two years of virtual gatherings, we returned to an in-person event, attracting over 200 attendees, including elected officials and candidates for federal, state, and local elections. The event serves as an important platform to raise awareness about behavioral health, the needs of older adults, individuals with disabilities, victims of domestic violence, and those experiencing homelessness. Moreover, it facilitated meaningful conversations between the nonprofits and our elected officials.

## **Helping Kids Thrive**

This year we celebrated our 33rd annual Helping Kids Thrive parent conference, and our commitment to supporting families. With over 150 parents, caregivers, community partners, volunteers, and presenters in attendance, the

conference buzzed with gratitude and excitement for the invaluable information, connections, and resources shared. A diverse 15 topics were covered in sessions, along with 18 resource tables offering support. It was an extraordinary evening brimming with idea-sharing, learning, and meaningful connections.





# Thank You Sponsors!

Without the financial support of our community, many of the mental health and substance use treatment programs and services we provide would not be available to the people who truly need them. We would like to thank the following community sponsors and funders for supporting Jefferson Center this year. Their donations were critical in allowing us to reach record numbers of people and remain on the cutting edge of mental health and substance use treatment innovation.

## 2023 Community Sponsors and Funders

A&B Builders

Affordable American Insurance

AllHealth Network

Alpha & Omega Landscapers

Amazon Smile

American Endowment Foundation

American Family Mutual Insurance

Auptimal

Bayaud Enterprises, Inc.

Behavioral Health Administration

Bill Ackerman Estate

Blue Spruce Kiwanis

**Boulder Associates** 

**Buell Foundation** 

Footers Catering

Charles Schwab

Chevron

Cigna Foundation

City of Arvada

City of Westminster

City of Wheat Ridge

Citywide Banks

Colorado Access

Colorado Community Health Alliance

Colorado Department of Health Care

Policy & Financing

Colorado Department of Human

Services

Colorado Department of Local Affairs

Colorado Department of Public

Health & Environment

Colorado Gives Foundation

Colorado Home Realty

Community Shares of Colorado

Conexus Insurance Partners

Connect for Health Colorado

Consolidated Investment Group

Corebridge Financial

DaVita

Decade2Connect

Denver Regional Council of

Governments

**Developmental Disabilities** 

Resource Center

Dreambent Studios LLC

Elevance Health

FirstBank

Foothills Regional Housing

Forvis

The Foundation at Rolling Hills

Frank A. O'Neil Family Foundation

GHX

Gilpin County Greiner Electric

IMA Financial Group

Innovest Portfolio Solutions

Invest in Kids

Jefferson County

Jones & Keller, P.C. Kaiser Permanente

Karuna Care Services

King Soopers Community Rewards

Medtronics Foundation

Mile High United Way

MSU Denver

NAMI Jeffco

National Council on Aging

Netsmart Technologies

Network for Good

Professional Assist Foundation

Progressive Insurance Foundation

Rheinlander Bakery Rotary Club of Golden

Schlessman Family Foundation

SCL Health

SCU Community Foundation

Security Central, Inc. Seniors' Resource Center

Signal Behavioral Health Network

Southwest Lock & Safe

SS&C | ALPS

Substance Abuse and Mental Health

Services Administration

The Applewood Community

Foundation

The Colorado Health Foundation

The Colorado Trust
The IMA Foundation
Tolin Mechanical

Wheat Ridge Police Department

Whole Foods Market Community

Giving Program Zivaro, Inc.

## Want to get involved?

**Donate** As a nonprofit organization, Jefferson Center relies on the financial support of our community to remain innovative and responsive to emerging mental health needs. Give a tax-deductible gift to Jefferson Center today and help support behavioral health services for community members who are uninsured or lack adequate coverage for treatment. **Visit www.jcmh.org or contact Kelsey Parker at KelseyP@jcmh.org.** 

**Volunteer** Many of our programs benefit from the commitment and contribution of our volunteers. Make a difference in the lives of others with a gift of your time and talent. For more information on ways to get involved, or to talk about your goals for supporting Jefferson Center, contact **Julie DiTullio at 303-432-5644 or JulieD@jcmh.org.** 

**Host a Presentation** As a part of our commitment to mental health education and outreach, Jefferson Center provides free presentations designed to raise awareness and decrease stigma that surrounds mental health and substance use disorders. Tailored to the specific needs of organizations and other audiences alike, our clinicians provide engaging presentations on a variety of mental health topics. If you're interested in hosting a presentation for your business, school, church, or community group, contact **Christy Boland at ChristinaBo@jcmh.org.** 

## Our Leadership at Jefferson Center

#### Executive Management Team 2022-2023

Kiara Kuenzler, PsyD, LP President and CEO

Lenya Robinson, MA, LPC Chief Operating Officer

David Goff, MBA

VP, Administration, and CFO

Don Bechtold, MD, DLFAPA, DFAACAP

VP, Healthcare and Integration,

and Medical Director
Brandon Ward. PsvD

Chief Innovation Officer and VP,

Information Systems

Jessica Dunbar, MSPH

Chief Business Development Officer

Sarah Posey

Sr. Executive Assistant

#### Jefferson Center Board of Directors 2022-2023

Lynn Oliver

Chair

Elisabeth Suarez

Vice Chair

Meera Rosser

Secretary

Al Sahlstrom

Treasurer

Vincent Bustos

**Bonny Dahm** 

Monica DeGraff

Carol Deitesfeld

**Dennis Edmonds** 

Sandy Hollingsworth

Gilpin County Commissioner

Chad Holtzman

Tracy Kraft-Tharp

Jefferson County Commissioner

Mary Berg

Alternate

**Shirley Thomas** 

Sean Wood

Clear Creek County Commissioner

John Zabawa

Past Chair

## Ways to Support Jefferson Center















## **Enroll in Classes**

Get certified in Mental Health First Aid and learn to recognize a range of mental health and substance use disorders as well as how to help those dealing with these issues. Identify the warning signs of a suicide crisis and understand how to help with our Question, Persuade, Refer (QPR) classes.

Your support can help us ensure a vibrant, sustainable, and resilient community. To find out more about how to get involved, contact Kelsey Parker at KelseyP@jcmh.org.



## Many Convenient Locations, One Convenient 24-Hour Phone Number.

Local: 303-425-0300 • Toll Free: 1-800-201-5264

#### **Crisis & Recovery Center**

4643 Wadsworth Boulevard Wheat Ridge, CO 80033

# Independence Office and Administration

4851 Independence Street Wheat Ridge, CO 80033

#### **Alameda Office**

5801 West Alameda Avenue Lakewood, CO 80226

#### **Zang Office**

421 Zang Steet Lakewood, CO 80228

#### **Jefferson Plaza Office**

3595 South Teller Street Lakewood, CO 80235

#### **West Colfax Office**

9485 West Colfax Avenue Lakewood, CO 80215

#### **Union Square Health Plaza**

12055 West 2nd Place Lakewood, CO 80228

#### **Evergreen Mountain Office**

31207 Keats Way Evergreen, CO 80439

#### **Gilpin County Public Health**

15193 CO-119 Black Hawk, CO 80422

#### **North Wadsworth Office**

7828 Vance Drive Arvada, CO 80003

#### **Mountain Resource Center**

11030 Kitty Drive Conifer CO 80433

# Clear Creek Health and Wellness Center

1969 Miner Street Idaho Springs, CO 80452

